

# Domestic Abuse

Where to get help during the

# Covid-19 Pandemic

We know that COVID-19 (Coronavirus) will have a serious impact on the lives of women, children and men who are experiencing domestic abuse.

Fears over jobs, financial pressure, school closures, working from home and all the other current changes to our day to day lives are likely to result in an increase in domestic abuse incidents.

If you're already living with domestic abuse, then the restrictions put in place while the government tries to slow the spread of the virus have probably left you fearful of being isolated in the house with your abuser and as if there is nowhere to go for help.

You may not be able to see the friends and family who usually support you, and some of the places where you go for help or treatment may be closed or offering a reduced service.

Please remember that you can still call 999 if you or someone else is in danger

While some domestic abuse support services are not able to offer face to face meetings at this time, there is still help and advice available online and over the phone. These local and national organisations are working hard to ensure they can still support you.

Derby City Domestic Abuse Service – **0800 085 3481**

Derbyshire Domestic Abuse Service – **0800 019 8668**

National Domestic Abuse Helpline – **0808 200 0247**

Men's Advice Line – **0808 801 0327**

National LGBT+ Domestic Abuse Helpline – **0800 999 5428**

Rape and Sexual Violence Services – **01773 746 115**

If you're a child or young person and domestic abuse is happening in your home or relationship, then call Childline on **0800 1111**.



 **101** in an emergency  
always call 999  
[www.derbyshire.police.uk](http://www.derbyshire.police.uk)



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